



SUPPORT GROUP

Fathers Talk: A Group for Fathers of Neurodiverse Children of all Ages

Father's Talk is a support group for fathers of neurodiverse children. Parenting a child with special needs requires exceptional dedication, resilience, and love. Fathers face unique circumstances, coping with fear and worry, finding time for self-care, and advocating for their children. Our monthly support group meetings provide a platform for discussion where fathers can freely express their concerns, share their successes, and seek guidance from others in similar circumstances.

Father's Talk is facilitated by Benjamin Yost, LCSW, a licensed clinical social worker who works with individuals with ASD, ADHD, learning disabilities, social and emotional difficulties, and their parents. He is a parent of two boys and is an advocate, educator and clinician in private practice in New York City. The group is closed (not a 'drop-in' group). It requires at least one intake interview. You are welcome to stay as long as the group meets your needs. All support groups will take place virtually.

5 Thursdays, Sept 21, Oct 19, Nov 16, Dec 21, Jan 18
7-8:30pm, \$125/\$150*

Please contact Hannah Cohen at hcohen@mmjccm.org for a short intake required for new registration.

**Registration is ongoing. A prorated fee is charged for those who register after the start date. Limited scholarships are available.*