



SUPPORT GROUP

Fathers Talk: Supporting Dads of School-Aged Children on the Autism Spectrum

Virtual. Father's Talk is a support group that meets twice a month and is designed exclusively for dads of school-aged children with ASD. This group provides a supportive platform to share your concerns, celebrate your successes, and seek guidance from others who truly understand your journey. Parenting a child with autism requires exceptional resilience, dedication, and love. Our group offers a space where fathers can openly discuss their challenges, explore strategies for self-care, and strengthen their role as advocates for their children.

The group is facilitated by Benjamin Yost, LCSW-R, a licensed clinical social worker, psychotherapist, advocate, and educator with extensive experience supporting individuals with ASD and their families. As a parent of two boys, Benjamin brings professional expertise and personal insight to help guide our discussions.

9 Wednesdays

7 pm - 8:30 pm

Sept 9 + 23, Oct 7 + 21, Nov 4, Dec 2 + 16, Jan 6 + 20

Price: \$225/\$270

Please contact Hannah Cohen at hcohen@mmjccm.org for a short intake required for new registration.

**Registration is ongoing. A prorated fee is charged for those who register after the start date. Limited scholarships are available.*