Creating Connection and Maintaing Friendships:

A group for neurodivergent young adults which enhances pro social skills, relationship building and self awarness.

Join us for our 10 week winter session starting December 6th!

- Meets weekly on Wednesdays from 6:00 p.m. to 7:00 p.m on Zoom.
- December 6th thru February 14th (will not meet 12/27). There will be two free in person meetups orginized by the group. Dates and times TBD
- The fee is \$85 per person per session. The fee is a subscription that reserves your place in the group. If you cannot attend a particular session you are still responsible for payment.

Benjamin Yost is a licesnced clinical social worker who specalzes in facilitating groups. Ben has extensive experience working with teens, adolescents, and adults with disabilities, autism spectrum disorders, ADHD, anxiety, depression, and stress-related problems. He maintains a private practice in New York City where he works with individuals, families and groups.

To register please email <u>byost.lcsw@gmail.com</u> or call or text 347-560-1779