



SUPPORT GROUP

Fathers Talk: Supporting Dads of School-Aged Children on the Autism Spectrum

Virtual. Father's Talk is a support group that meets twice a month and is designed exclusively for dads of school-aged children with ASD. This group provides a supportive platform to share your concerns, celebrate your successes, and seek guidance from others who truly understand your journey. Parenting a child with autism requires exceptional resilience, dedication, and love. Our group offers a space where fathers can openly discuss their challenges, explore strategies for self-care, and strengthen their role as advocates for their children.

The group is facilitated by Benjamin Yost, LCSW-R, a licensed clinical social worker, psychotherapist, advocate, and educator with extensive experience supporting individuals with ASD and their families. As a parent of two boys, Benjamin brings professional expertise and personal insight to help guide our discussions.

10 Wednesdays

7 pm - 8:30 pm

Feb 11, Feb 25, Mar 11, Mar 25, April 8, April 22, May 6, May 27, June 10, June 24

Price: \$250/\$300

Please contact Hannah Cohen at hcohen@mmjccm.org for a short intake required for new registration.

**Registration is ongoing. A prorated fee is charged for those who register after the start date. Limited scholarships are available.*